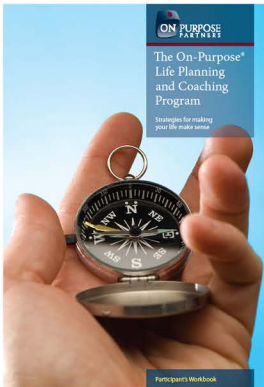


The On-Purpose Personal Leadership Coaching Program



Develop your Personal leadership skills so that you will...

- Manage your life and proactively get things done.
- Break unwanted habits and form new ones.
- Move from confusion to clarity in your personal and professional life.
- Question and refocus on the things that matter most in your life.
- Discover your Purpose in life and learn how to align your life to your Purpose.
- Reduce your stress levels, plan and prioritise more effectively, and have more quality time with your family and partner.
- Articulate your visions, missions and values for your seven life areas
- Develop a life style model that is integrated, holistic and balanced.

Principal Coaches
Principal Coaches
Edward Gifford PhD
Angela Gifford MEd

We have a number of other Associate Coaches available

About the Coaching Program

The aim of the On-Purpose Personal Leadership and Life Planning Coaching Program is to develop your personal leadership capacity so you can take control of your life and live your life...On-Purpose.

The Program is also aimed at people who want to:

- Understand their current restraints and opportunities
- Seek to be more purposeful in their life and work
- Maximise their potential
- Influence the lives of others at home and work
- Experience an increased level of fulfilment and meaning
- Make proactive life-long personal and professional transformation
- Have a clearer focus on the things that matter most
- Gain or regain work-life balance or integration

How does it work?

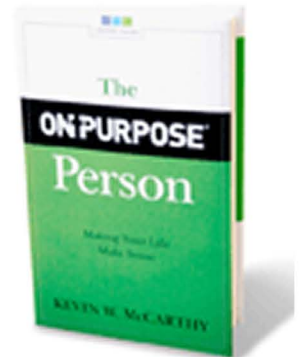
Our On-Purpose Personal Leadership and Coaching Program takes the format of 12 face-to-face sessions for 60-90 minutes each at intervals agreed between the coach and participant.

Manageable outcomes are built into each session and are outlined weekly in the Coaching Manual.

Participants also receive The On-Purpose Person book by Kevin W. McCarthy; The Companion Self Study Guide booklet; The On-Purpose Puzzle Book and other materials and books as appropriate.

The coaching methodology focuses around the acronym PURPOSE –

Personalising my Purpose,
Understanding Myself, **R**eviewing my Life,
Prioritising and Planning, **O**rdering my World,
Staying On-Purpose and **E**valuating my Progress (© Edward Gifford 2005)



INVESTMENT

(Normally a fixed rate per person but workplace packages can be negotiated)

For further details contact On-Purpose Partners

Ph – 07 5502 6644 info@on-purposepartners.com